



Michelle Anstey
Regulatory Affairs Manager
NSF

Michelle Anstey is the Regulatory Affairs Manager at NSF. Her team provides regulatory support to global food and dietary supplement manufacturers, importers, retailers and brands. Her expertise includes artwork, raw material and formula compliance, allergen and labeling management, claims assessment, horizon scanning and consulting.

Anstey joined NSF in 2017 and previously served as a regulatory consultant in food and label compliance, assisting clients from various industries in developing compliant conventional food and dietary supplement labels. She has more than 14 years of experience in food and dietary supplement regulatory affairs.

Anstey holds a Bachelor of Science in Nutrition and Dietetics from Brescia University College and a Bachelor of Science in Molecular Biology and a Master of Science in Molecular and Cellular Biology from McMaster University. She is a steering committee member of the Food Forum for Industry and Government in Southwestern Ontario and holds certificates in both Canadian and US food regulations.